



Easy Slowcooker Beef Sausage Casserole

Ingredients

5-6 Pirongia Beef sausages 1 onion 1 apple, cored and cubed 1 cup beef stock 1 tin of chopped tomatoes, 400gm ¼ cup fruit chutney 1 tbsp Neudorf Black Garlic Essence ¼ tsp Neudorf Black Garlic Sea Salt 2 cups frozen peas ½ tbsp ground coriander ¼ tsp cumin ¼ tsp allspice

Recipe from Neudorf Black

An easy, hearty meal with satisfying flavours that everyone will enjoy.

Prep time: 10 min Cook time: 4 hours Min Serves: 4

Method

1.It is not necessary to brown the sausages but it is easy to do in a fry pan with a bit of oil while prepping the onion and apple.

2. Cut the sausages into 5 - 6 pieces and add to the slow cooker.

3. Add all the ingredients - except the peas - to the slow cooker.

4. Stir well and cook on high for 4 hours, or low for 6-8 hours.

5. Stir through 2 cups of frozen peas 15 minutes before serving.

Note: Delicious served with mashed potato or mashed kumara.



"Pop the cooker on in the morning & come home to the most comforting wholesome meal that'll warm up the soul."

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